



Dental implants look and feel like your natural teeth and can last a lifetime

Post-implant care

Dental implant treatments can change your life. With the same routine care you would give natural teeth, they can be expected to last for the rest of your life. Ask your dental professional for personalized and detailed care instructions.

- Following surgery, go easy on your new implants by not disturbing the wound, eating soft foods and getting some rest. You can return to normal activities within a day or two, but your dentist may recommend a softer diet for a few weeks.
- Good oral hygiene is essential to healing. Brush your teeth carefully with a soft toothbrush after every meal, particularly after breakfast and before bedtime.
- Follow the advice of your dental professional when it comes to regular checkups and professional teeth cleaning after your implant treatment.



Smile big, eat what you want, be a confident you!

our office proudly uses



for more information, visit:
patients.biohorizons.com



BIOHORIZONS®
dental implants

dental implant record

Patient details

This card is used to record important information about your dental treatment for you and your implant team. Bring this card to any follow-up visits to help facilitate the long-term success of your implants.

full name

address

city/state

postal code

country

phone number

initial date of surgical procedure

dental surgeon information

restorative clinician information

Surgical treatment details

Please attach patient label from the implant package.



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Restorative treatment details

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